

# Alex Gardner Nutrition LLC

## Price Sheet

**Please note: your insurance may cover the cost of some or all services, this would bring the cost down on listed prices.**

**If you have questions about insurance coverage, email or call us to discuss further.**

**The following are cash pay rates. Prices subject to change.**

Initial 60 Minute Assessment and Plan	\$200
30 Minute Follow Up Session	\$100

### Self Pay Package - \$550

- Initial 60 Minute Nutrition Assessment
- 3 - 30 Minute Follow Up Sessions
- 3 weekly meal plans or custom recipe e-book
- Supplement Review and Recommendation
- 10% Off all Supplements

Save  
\$50



EST.

21'

# ALEX GARDNER

MOTHER-BABY NUTRITION